







Welcome by President of Finnish Orienteering Federation

Soon the opening ceremony is just days away

One of next summer's most thrilling sports experiences, the World Orienteering Championships in Vuokatti, is approaching on a good pace. We are no more counting months to the beginning of the competitions — it is only a matter of weeks and days! At the latest by now, it is the time for every orienteer and every friend of orienteering to direct their gazes and compasses towards Kainuu in July. Especially we are already welcoming the true stars of the event — the orienteers from around the world.

The WOC and WTOC titles of orienteering will be competed in the terrains of Vuokatti and Sotkamo in July 6–14, 2013. Finland will surely be having a compatible teams in Vuokatti, as the home competitions always bring certain "extra boost" to the preparations and competing. We can count on the athletes from other countries to try their best for not allowing Finland to have the medals too easily... ;) We Finns are indeed sports people and truly appreciate good performances of all countries' athletes. There will certainly be encouragement and understanding for those, who find the detection of the cross points in Vuokatti hills challenging this time.

The amount of participants of the Spectator Race KOW already surpassed 4,300 orienteers in March, so supporters along the WOC and WTOC markings will not be lacking. The competition guests are arriving from dozens of countries so the atmosphere will be international and relaxed, even though the championships are being fought! It is already easy to imagine the atmosphere of electric and tingly excitement in the competition centre, when all eyes are, alternately, on the screen showing the events in the forest, and alternately, on the finish line where the orienteers are sprinting to the goal, giving all they have while the crowd is cheering and waving the miniature flags of different countries.

Let's all together make next summer's WOC week an unforgettable event — it is the best advertisement for our sports. Let's make sure that the top orienteers will get the encouragement they deserve, that the young beginners of orienteering will get new enthusiasm from their idols, and that at the fitness orienteering events, all the previous participant records will be broken in 2013!

Let's meet at the orienteering festivities in Vuokatti!

Kirre Palmi.

President, FOF

1. Organizers

Chairman	Timo Härkönen
Vice Chairman	Timo Welsby
Secretary General	Mika Tuononen
WOC Event Director	Jyrki Uotila
WOC Secretary	Jouni Kasurinen
WTOC Event Director	Antti Flöjt
WTOC Secretary	Marita Kaipainen
KOW Event Director	Jukka Liuha
KOW Secretary	Hilkka Moilanen
Marketing Manager	Markku Haverinen
Media Director	Kari Kinnunen
Communications Manager	Heidi Lehikoinen
Infrastructure	Ilkka Härkönen
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Maintenance	Jyri Immonen
Ceremonies	Helka Leimu-Pelkonen
Transport	Aulis Kortelainen
Catering	Marika Paananen
IT	Kimmo Kauppinen
Security	Topi Härkönen
Medical	Marko Hoikka
Maps and courses	Pasi Jokelainen
VIP Hospitality	Kari Saukkonen
Finnish Orienteering Federation	Mika Ilomäki
Finnish Orienteering Federation	Petteri Palmi
Sotkamo Municipality	Jarmo Vilmi

Hosts and Partners

Ministry of Education and Culture



Opetus- ja kulttuuriministeriö

Kainuu Region



Kainuu Brigade



Vuokatti Sport Institute



Municipality of Sotkamo



City of Kajaani



2. Competition Officials

Mapping

Pasi Jokelainen	Head of Maps, PreO, TempO Qualification
Eero-Antti Lonka	TempO Final
Pertti Hartman	Adjusting for Trail-0

Course planning

Pertti Hartman

Event Advisers

Roberta Falda	IOF Senior Event Adviser
Libor Forst	IOF Assistant Event Adviser
Hannu Niemi	National Controller

Jury

Will be announced later





3. Programme

World Trail Orienteering Championships in 2013

Date		Event	Place
Sunday 7 July	15.00	WTOC Office opens	Vuokatti. Event Centre
Monday 8 July	17.15	Opening Ceremony	Sotkamo, Hiukka stadium
	19.00	Team Officials´Meeting	Iso-Pölly / Event Centre
Tuesday 9 July 10.0	0 — 14.00	Pre0&Temp0 model event	Vuokatti, Sports Institute
	19.00	Team Officials Meeting	Iso-Pölly / Event Centre
Wednesday 10 July	10.00	PreO Day 1	Vuokatti, Sports Institute
16.00		WTOC Open Competition	
	18.00	Team Officials´Meeting	Iso-Pölly, Event Centre
Thursday 11 July	10.00	PreO Day 2	Sotkamo, Hiukka
	18.00	Team Officials Meeting	Iso-Pölly / Event Centre
	20.00	Prize giving Ceremony	Event Centre
Friday 12 July	8.30	WTOC TempO	Vuokatti, Sports Institute
	14.30	WTOC TempO Final	Vuokatti, Vuokatinvaara
	20.00	Prize giving Ceremony	Event Centre
	21.00	WTOC Banquet	Vuokatti
Saturday 13 July		Departures	



Important deadlines

Eligibility forms (Paralympic class) must be sent to IOF 2 months prior the competitions.

10th June 2013 Final Entry for Teams (Accreditation) Eligibility forms must be sent to the organizers Airport / Railway transport from/to Kajaani request Payment of transportation package

Entry forms are available in WOC2013 homepage http://www.woc2013.fi/ssl/woc.nsf/sp?Open&cid=content6F8D5D

Payments

Payments of WOC entry fees and accreditation should be paid to:

W0C2013

IBAN: FI 1454360920025163 OKYFIHH

BIC (SWIFT): OKOYFIHH

Bank: Pohjola Bank PLC, Helsinki Finland

Please note that no participant will receive accreditation unless the entry payment has been received in full at that time.



Visa requirements

According to the current regulations, citizens of some countries must obtain a visa in order to enter Finland. Please check the following website for more information:

http://www.formin.fi/public/default.aspx?nodeid=15716&contentlan=2&culture=en-US

Visas should be applied at your nearest Finnish Embassy. Please note that conditions of entry to Finland can change and all WOC participants are advised to keep up to date with the current situation by consulting their local Finnish Embassy.



Accommodation

Accommodation for the teams and VIP guests will be organised centrally in the Event Centre in Vuokatti Sports Institute, Sokos Hotel Vuokatti and Vuokatinhovi. Hotel and cottage village. Meals to athletes and teams will be organized from early morning to late evening online in athletes' restaurant of Vuokatti Sports Institute.

Orienteering maps for training are reachable directly from Vuokatti Sports Institute.

Information about accommodation levels and prices are represented in bulletin 2.

Contact for the teams about accommodation: Vuokatti Sports Institute Sales Office Ms Virpi Mustonen, tel. +358444148808 or Ms Sanna Lindeman, tel. +358444148806 myyntipalvelu@vuokattisport.fi



8. WTOC Office

WTOC Office is located in the Event Centre in Vuokatti Sports Institute. Accreditation, information and entries are made in WTOC Office in Pallohalli building. Team Officials' meetings are held in the same building in auditorium Isopölly.

For accreditation, team leaders must show the team members 'passports to prove their nationality and full passport-holding citizenship of the country of their Federation. Teams will be asked to supply the phone numbers of team contacts so that the organizers can quickly contact key team officials if necessary.

Opening hours of WTOC Office

Photo: Arja Korhonen

	Day	Opening hours	Place
	Sunday 7.7.	15.00 — 21.00	Event Centre
	Monday 8.7.	10.00 — 13.00 15.00 — 21.00	Event Centre
	Tuesday 9.7.	8.00 — 13.00 15.00 — 21.00	Event Centre
1	Wednesday 10.7.	8.00 — 18.00	Event Centre
	Thursday 11.7.	8.00 - 13.00 15.00 - 21.00	Event Centre
4	Friday 12.7.	8.00 — 21.00	Event Centre
	Saturday 13.7.	8.00 — 13.00	Event Centre
	WTOC office will be ope	en also at the Competition Arenas	during the competition

Transport and parking

Teams, VIPs and the media are free to use their own transport to all the events. There are reserved parking areas at all the arenas.

Transport will be provided to the arenas and model events for those teams, VIPs and media that have requested and have paid for a transport package.

Transport routes and schedules to the arenas and back to the Event Centre are presented in bulletin 4.

10. Team material and information

When arriving and after accreditation team material will be handed. Team material includes:

- Bulletin 4 for all the team members
- Parking tickets for team vehicles. Maximum number of parking tickets per team is three (3).
- Number bibs for the athletes

Bulletin 4 gives the most of the current competition information. Information is complemented in Team Officials' meetings prior to each competition day.

All competitors must wear their respective number bibs at all the WTOC 2013 competitions.

Competition maps after each competition are available for the teams in the Competition Arena WTOC Office and later in the Event Centre WTOC Office.







11. Anti-Doping

Doping is strictly forbidden, and the organisers of WTOC2013 are dedicated to supporting the anti-doping authorities in their work.

Doping controls may be carried out any time during the competition period. As some sites for the doping controls may be a few minutes' drive away, we suggest that athletes are prepared at all events to take along some dry clothes to change into after their race.

Doping tests are always carried out in accordance with the procedures described in the WADA International Standard of testing. The IOF Anti-Doping Code and rules apply as of 1st February 2010.

Athletes who are selected for the doping tests must bring an official identification (with photo) to the doping test area. The athlete should also bring along their therapeutic use exemption (TUE) if applicable. In general, it is advisable that the athletes bring along their ID to all the competitions and events.

12. Competition

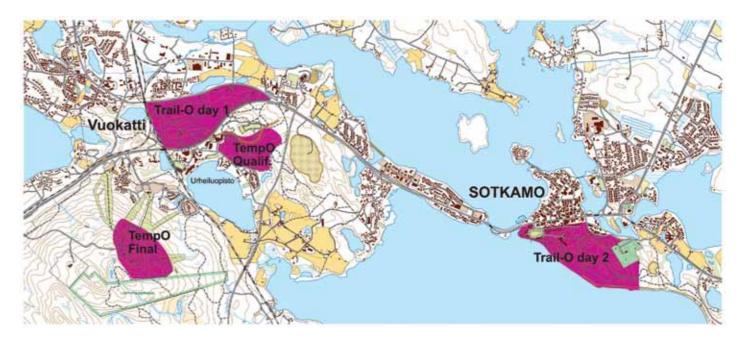
Rules

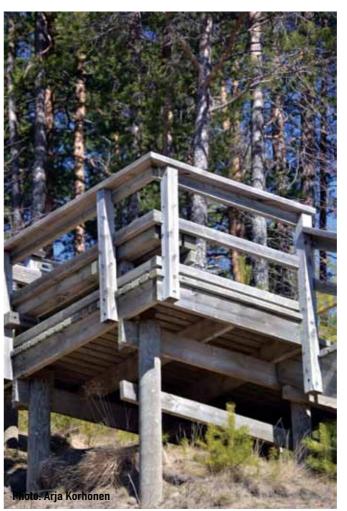
The Competition Rules for IOF Trail-Orienteering Events' (valid from 1 January 2013) shall apply to The World Trail-Orienteering Championships 2013. (See IOF Competition Rules on the IOF website: http://www.orienteering.org). The following deviation applies for the World Trail Orienteering Championships in Finland 2013:

- 1. Deviation from the rule 6.6. "Each Federation may enter up to a maximum of three competitors of any physical ability for the PreO competition in the Open class, a maximum of three eligible competitors for the PreO competition in the Paralympic class and a maximum of four competitors for the TempO competition."
- → Each Federation may enter up to a maximum of three competitors of any physical ability for the PreO competition in the Open class, a maximum of three eligible competitors for the PreO competition in the Paralympic class and a maximum of three competitors for the TempO competition.
- 2. Deviation from the rule 6.7."In the TempO competition only the 36 best placed competitors from the qualification may participate in the final; if there is just one qualification heat they will be the top 36, if there are two qualification heats the top 18 from each heat qualify for the final etc."
- → In the TempO competition only the 24 best placed competitors from the qualification may participate in the final; there is just one qualification heat.
- 3. Deviation from the rule 16.9 "A TempO qualification course shall consist of at least 4 control stations and 20 timed controls. A TempO final course shall consist of at least 5 control stations and 25 timed controls. There should be at least three timed controls at each control station. A separate, specially prepared map is used for each timed control and the competitor is given the complete ordered set of maps for the control station as a stack with a cover sheet on top. "
- \rightarrow Exceptions are made to this rule in Finland 2013 and in Italy 2014. A Temp0 final course can consist of less control stations and timed controls, because of different way of ranking competitors.
- $4. \ \ \, \text{Deviation from the rule 25.15\,{}^{\prime\prime}\text{In the individual World TempO Championship competitions, the competitors are ranked according to their placing in the final course."}$
- → "Competitors who competed in the final course are ranked according to their total accumulated time from both the qualification course and the final course. The other competitors are not ranked."

13. Embargoed areas

With regard to the IOF Competition Rules, the listed areas are embargoed for all potential WTOC2013 athletes, team officials and other persons that may be in a position to give information to the team members.







14. Maps and courses

All maps used during WTOC are ISSOM, scale1:5000, contour interval 2,5m. For the map samples please see the previous maps on the event website.

Model Event

Course planner: Pertti Hartman

I	Мар	Length (km)	Climb (m)	Controls	Time allowance	Refreshment
	Vuokatti	1,5	30	PreO 10 + 2TC TempO 1TC	-	0

PreO Day 1

Course planner: Pertti Hartman

Мар	Length (km)	Climb (m)	Controls	Time allowance	Refreshment
Vuokatti	2,7	55	22 + 4 TC	155	1

PreO Day 2

Course planner: Pertti Hartman

Мар	Length (km)	Climb (m)	Controls	Time allowance	Refreshment
Sotkamo	2,6	53	19 + 4 TC	140	1

TempO, Qualification

Course planner: Pertti Hartman

Мар	Length (km)	Climb (m)	Stations	Controls	Max time at the station	Penalty time
Vuokatti	1,0	35	8	24	90 s	30 s

Temp0 Final

Course planner: Pertti Hartman

Мар	Length (km)	Climb (m)	Stations	Controls	Max time at the station	Penalty time
Vuokatti	0,5	25	5	15	90 s	30 s







15. Terrain descriptions

Pre0-

Sandy-bottomed, round shaped hillocks (culmen) with plenty of hiking routes and paths. Trails are not paved but still quite well made. Predominantly pine forest with good visibility. Undergrowth is scanty. There are some built sport facilities and park structures. Trails are wide and the surface is relatively smooth. There are some spots with more sand and rough gravel and that is why rough profile tyres on wheelchairs are recommended. There will be escorts for bigger hills and those hills will be defined as "one way trails".

Temp0:

Qualification terrain same type than TrailO terrain. Accessibility of the trails is the quite same than in PreO but trails have mostly natural surface and they are more narrow in some places. At the final, large hilltop with partly rocky terrain with pine forest, that is slightly thicker than other terrain, partly cleared slopes and ski lifts. Trails are mostly car accessible and asphalt or gravelled road.







16. Media

Most of the media representatives will be accommodated to the media hotels Sokos Hotel Vuokatti and Hotel Tulikettu. In order to make the media work during the WTOC as smooth as possible for the athletes, we kindly ask all teams to give the team's media contact in the entry form. That information will be provided to all media representatives at WTOC.

Flower ceremony

The flower ceremony will be held as soon as results are ready.

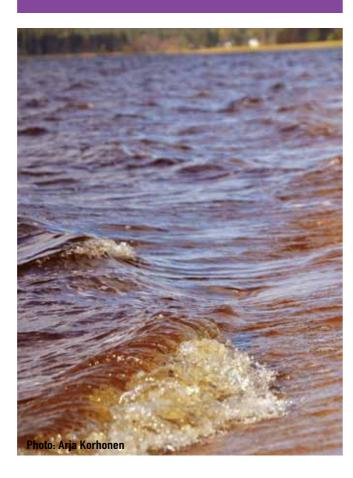
The athlete goes to the flower ceremony in the competition outfit.

As usual, in the end of the ceremony, the photographers will have a brief possibility for photo shoot with all medalists or individually.

Antidoping

Doping controls on the competition days will take place after the flower ceremony. Antidoping chaperones will accompany the athletes all the way.

Contact for more information: Heidi Lehikoinen Communications Manager media@woc2013.fi tel. +358 50 490 64 68



17. IOF Officials and WTOC2013 Guests

We welcome IOF Officials and WTOC Guests to Vuokatti and WTOC 2013. IOF Officials, VIPs and WOC/WTOC Guests should register through the accreditation system. Accreditation fee is EUR 100.00.

Accreditation gives the right to:

- Receive start- and result lists and WTOC competition maps / solutions
- Participate in the IOF VIP/Media race

Accommodation has been reserved in Sokos Hotel Vuokatti where all IOF meetings and the IOF

Congress will take place.

For the WTOC Banquet on Friday, July 2013 VIP and guest have to register (fee EUR 30.00) via registration and accreditation system found on websites.

Deadline for payment of accreditation and services ordered is 25th June 2013. The accreditation will not be valid until the full payment of accreditation fee has been paid.

Transport will be provided to the arenas for those VIPs and media that have requested and have paid for a transport package.

Transport will be provided to the arenas and model events for those teams, VIPs and media that have requested and have paid for a transport package.

VIP accreditation cards, transport tickets and parking tickets will be provided by WTOC2013 office at Event Centre. There are reserved parking areas at all the arenas.

Important Deadlines:

31st May 2013:

Full payment of accreditation fees, transport packages, banquet tickets and services ordered.

25st June 2013:

Deadline for Kainuu O-week registration

IOF Officials will receive the programme for the IOF Congress, the General Assembly and the other meetings directly from IOF.





18. Further information and contact

For further information on WTOC2013 please see the official website or contact the WTOC2013 organizing committee:

Address: Marita Kaipainen Opistontie 1 88615 Vuokatin Urheiluopisto FINLAND wtoc@woc2013.fi www.woc2013.fi





19. Entries received

	Country	Competitors	Officials	Total	Pre0 Open	PreO Para	Tempo0
1	CRO	4	0	4	3	1	3
2	CZE	6	0	6	3	3	3
3	DEN	4	1	5	3	1	3
4	FIN	7	0	7	3	3	3
5	GBR	4	1	5	3	1	3
6	GER	2	0	2	2	0	1
7	HKG	1	0	1	1	0	1
8	ITA	5	1	6	3	1	3
9	JPN	7	2	9	3	3	3
10	KOR	1	1	2	1	0	1
11	LAT	6	1	7	3	3	3
12	LTU	5	0	5	2	3	3
13	NOR	5	0	5	3	2	3
14	POR	4	0	4	3	1	3
15	RUS	7	2	9	3	3	3
16	SWE	8	2	10	4	4	3
17	UKR	6	1	7	3	3	3
18	USA	3	1	4	3	0	3
		85	13	98	49	32	48













